RUGBY STRENGTH & CONDITIONING COACH

Job Description

Job Title	**Rugby Strength & Conditioning Coach**
Location	**THE ATHLETE FACTORY** **124 Aerodrome Road** **Other Locations as agreed**
Reports to	**Mike Rogers**
Other Direct Reports	**Craig Newland & Nicky October**
Key Relationships	**THE ATHLETE FACTORY Coaches & Interns, THE ATHLETE FACTORY staff, THE ATHLETE FACTORY clients and Foundation Clinic staff.**
Hours	**Part-time role of 20 hours per week.**
Hourly rate	**$25 - $35 per hour**

Summary

This Rugby Strength and Conditioning role is to lead our rugby union programmes at The Athlete Factory and provide support to coaches across other programmes.

This would suit an experienced Strength & Conditioning coach, with good rugby union knowledge who is keen to apply that knowledge in a dynamic environment.

In particular, the Rugby Strength & Conditioning Coach will be responsible for

the programming and delivery of the following programmes:

- Mount Maunganui College Rugby Academy
- Inside Running Academy (International Rugby Academy)
- Other programme support as required

Hands on delivery will be around 15 hours per week with the balance encompassing:

- Programming, reporting and administration.
- Contributing to our Coach Professional Development programme.
- Contributing to our Intern programme.
- Driving excellence across all of our programmes.

We are looking for an experienced Strength and Conditioning Coach who is motivated to take The Athlete Factory to the next level and have fun in the process!

The Athlete Factory is Bay of Plenty's only functional training facility designed to cater for children, youth, athletes and general population.
www.theathletefactory.nz

Skills, Qualifications & Experience

Ideally candidates should have the following skills and experience:

- NCEA Level 3 or equivalent.
- Suitable Strength and Conditioning or Exercise Science tertiary qualification.
- An excellent understanding of the physical requirements for rugby players and how to develop rugby athletes.
- New Zealand or Australian citizenship, NZ work to residence visa or NZ work visa.
- Experience with Microsoft Word, Microsoft Excel, Google Docs and Google Sheets.

How to Apply?

Provide CV and covering letter by email to mike@insiderunning.com
Applications close 5pm Monday 17 June 2019.