

positive
Vibes
only[®]

LET THE
COACH
DO THE
COACHING



SHOWING COACH APPRECIATION

Did you know that the majority of our youth sport coaches are whaanau or friends of the participants?

Many of them have learnt how to coach through their own experiences as players or by being coached, and may not have had access to formal training or coaching qualifications. But that doesn't make them poorly equipped to coach!

A key role of the coach is to really get to know their players/athletes and create a fun and safe learning environment that grows their love of being involved with sport.

This is how you can add to coach's positive experience:

1. **Let the coach do the coaching** – players/athletes do not need to be overloaded with messages and instructions (sometimes supporters give instructions that may even contradict what the coach has said)
2. **Share relevant information about your child** with their coach to help them connect and understand how to best help them improve
3. **Show appreciation and thanks** for their effort and time

We're all on the same team!

1.

