

Try something new Step up! Explore & get active Whanau fun Pedal power Hey, let's play!

CooneyLeesMorgan — supporting recreation in the Bay!

Play in the Bay **WESTERN Bay of Plenty** **Sport Bay of Plenty**
 406 Devonport Road Tauranga more people, more active, more often
 Phone: (07) 578 0016 Email: info@sportbop.co.nz www.sportbop.co.nz
 www.facebook.com/playinthebay

OUTDOORS & ACTIVE



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| Day | Sunday, October 15 and Sunday, November 12 | Throw it! Bring the family and come try your hand at 'Throw It', a combination of throwing-based outdoor activities and games for all ages. There will be targets to aim for, hoops to throw through and circles to throw into. While you're there, take the chance to learn about the history of ancient throwing-based tools such as sticks, stones, javelins, plumbata, atlatl, chakram (Frisbees) and Yorkshire arrows. Feel free to bring along a picnic for after the activities and enjoy the scenery. All children under 15 years must be accompanied by an adult, and no alcohol may be brought on to the property. Numbers are limited so register your group online now at www.sportbop.co.nz . Cost: \$10 per person; or \$30 for family/group of four (cash on the day; no Eftpos available). Free entry for kids under two years old. |
| Time | 1.30pm | |
| Contact | Registrations essential; register your group at www.sportbop.co.nz/outdoors-and-active/ | Location 540 State Highway 33, Paengaroa |



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| Day | Tuesdays (Ongoing from October 3) | Explore Mount Maunganui by foot FREE Come and join a friendly group of like-minded people and enjoy a walk every Tuesday morning. This slow to medium-paced group is suitable for beginners and will explore a different route around the main Mount Maunganui area each week. Meet new people, get fitter, and make the most of our beautiful outdoors. |
| Time | 9.30am | |
| Contact | Michelle Barns: michelleb@sportbop.co.nz or 027 441 2164 | Location Meet on the paved area in front of Mount Maunganui Surf Club |



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| Day | Labour Weekend, Saturday, October 21 – Sunday, October 22 | Beach tennis FREE Make your trip to the Mount even better with a game of beach tennis, an easy and fun version of tennis played on the beach! Using paddle bats (bats with no strings) and a specially designed ball, this game is played entirely on the sand in a court similar in size to a beach volleyball court. The game is normally played between doubles teams and uses the same scoring system as for regular tennis. All equipment is provided so grab your family and friends, and come down for some free fun! |
| Time | 10am – 5pm | |
| Contact | Nic Burnie on 021 039 8039 | Location Mount Maunganui Main Beach |

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| Day | Wednesday, November 15 and 22 / Saturday, November 11 and 18 / Saturday, November 11 and 18 | Beach Kids A unique, fun and exciting programme designed for pre-schoolers and their parents/caregivers on the beach! Through play, two to four-year-olds experience and learn fundamental skills, water safety, spatial awareness and team involvement. These sessions are a 1:1 ratio at all times with a parent or caregiver. This allows for the encouragement of active families and promotes water safety while in and around a water environment. There is never a dull moment at Beach Kidz, so grab a friend and enjoy being part of a cool group of active families! Six class options available. Cost: \$10 per child per class (Options available for two or more siblings – contact Beach Kidz below prior to booking). |
| Time | 10am / 12pm / 1pm | |
| Contact | For all bookings, click the Sport Bay of Plenty link under bookings at www.beachkidz.co.nz ; all enquiries to Ange at www.beachkidz.co.nz | Location Tay Street Beach / Papamoa Beach / Papamoa Beach |



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| Day | Saturday, September 30 to Sunday, October 15 | Goosechase FREE This fun, interactive app-based Amazing Race is back for the term three school holidays. Get your family and friends together, start checking off missions and exploring our beautiful Waihi Beach. Head to www.virtuallyontrack.co.nz for more information. All you need is your smart phone, with the goosechase app downloaded and a user profile created. |
| Contact | Michelle Barns: michelleb@sportbop.co.nz or 027 441 2164 | |



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| Day | Anytime | Free bike hire with UNO. FREE Explore Mount Maunganui and beyond with free bike hire thanks to UNO magazine. The local magazine is offering free bike, helmet, and lock hire during office hours, so you can go for a quick pedal or long cruise and break up the work day! These bikes are super stylish and so easy to use, with no gears and a slick modern design. Share your journey and sweet spots by tagging #UNOROLLFIXIES on Instagram, log some kms as part of NZTA's Mini Aotearoa Bike Challenge to be in to win prizes, and return the bike when your legs are tired. Plus, a number of local businesses will give you food and beverage discounts if you roll up on your Roll Fix – contact UNO staff to discuss. |
| Time | Between 9am – 5pm on weekdays | |
| Contact | Michelle Barns: michelleb@sportbop.co.nz or 027 441 2164 | Location UNO magazine, 17 Banks Avenue (behind Burger King), Mount Maunganui |



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| Day | Anytime between Sunday, October 1 to Thursday, November 30 | Waikareao Estuary 'Scavenger Hunt' FREE Cycle the Waikareao Estuary track and find the answers to eight questions along the way to go in the draw to win prizes! The track is a flat, 8.5km loop suitable for beginners. Download the scavenger hunt map from the Sport BOP website (www.sportbop.co.nz/outdoors-and-active/), grab your family and friends, and get exploring; then send your answers to michelleb@sportbop.co.nz by November 30 to be in to win. |
| Contact | Michelle Barns: michelleb@sportbop.co.nz or 027 441 2164 | |
| Day | Sunday and Sunday, October 22 and 29 | Kopurererua Valley Trail Guided Rides The 'K Valley' is a network of walkways and cycleways that run from Judea to Tauriko, and form one of Tauranga's largest reserves complete with farmland, native bush land and ponds. Enjoy exploring these trails on a guided ride with an experienced and trained Ride Leader. The ride is mainly flat and off-road, and there will be plenty of stops including coffee at the end for those interested. Choose from one of the dates or attend both! Bring your bike, helmet, a spare tube, a drink/snack, and a sense of adventure. Note: This is best suited to a mountain bike or bike with off-road tyres. |
| Time | 9.30am | |
| Contact | Michelle Barns: michelleb@sportbop.co.nz or 027 441 2164 | Location Meet at the bottom of 17th Avenue, Tauranga (Historic Village end) |

Play in the Bay **OUTDOORS & ACTIVE** Supported by and supporting... **tennis NZ** **uno.** ONE MAGAZINE FOR ONE BAY OF PLENTY **Beach Kidz** **Tauranga City** **Middle Age** Let the Games Begin **CooneyLeesMorgan**

Get back to backyard play

with Sport BOP's top ideas to get you playing the way we used to.

- Build a bivouac
- Build a sandcastle
- Camp overnight in your backyard
- Create a telescope and stargaze
- Play a game of hopscotch
- Play jump rope
- Play a game of stuck in the mud
- Head to your local park and play hide and seek
- Pack a homemade picnic and head to the park
- Climb a tree
- Find four different critters in your garden (but be careful not to hurt them).
- Grab your wheels and go for a bike ride or skate
- Wait until it's dark and play spotlight
- Shoot some hoops
- Build a hut
- Make a car, plane, or submarine out of boxes
- Use recyclable materials to make a bird bath
- Dress up and act out a scene from your favourite book
- Jump in a puddle
- Have a game of Marco Polo at the local swimming pool
- Play Blind Man's Bluff
- Create an obstacle course outside and see who can get through it the fastest
- Have a water balloon fight
- Draw a Frisbee
- Throw a Frisbee
- Draw on concrete with chalk
- Head in to your backyard and draw a picture of your favourite tree or flower
- Help someone wash a car
- Mix some dirt with some water and paint a masterpiece with mud
- Run through a sprinkler
- Stack and balance rocks

Complete as many or as few as you like, and if you'd like to share your adventures with us, please email your photos to lauraw@sportbop.co.nz; Subject line: 'Hey, Let's Play'.